



HELICONIA LODGE & EXPLORNAPO LODGE WITH CANOPY WALKWAY 5 DAYS, 4 NIGHTS

**Special Program, departures on Wednesday or Thursday only 2 nights at Heliconia
Lodge + 2 nights at ExplorNapó Lodge**

Day 1: Lima / Iquitos / Heliconia Amazon River Lodge (L,D)

You will be met and welcomed by our staff at the Luggage Claim area of the Iquitos Int'l Airport where our staff will assist you and transfer to our Office in Iquitos town proper. A briefing about our services, what to expect during your stay, the do's and don'ts in the jungle and some essential tips will be carried out shortly. Soon after, you will transfer to the Iquitos Port, where you will board one of our speedboats to take you to the Heliconia Amazon River Lodge along the Amazon River. During the boat ride observe the convergence of the brown turbid waters of the Amazon River with the dark waters of the Nanay River. Enjoy the impressive jungle landscapes with the rustic small houses of the riverside towns. Then have a short stopover in Monkey Island, a family social enterprise focused on conserving and protecting endangered monkey species in the Northern Amazon. The goal is to enlighten rainforest guests on the effort to reintegrate monkeys and their survival in the wild. See the monkeys free in this reserve, not in cages, their temporary stay here depends on their capability to adapt back to its jungle habitat. After a 60 minute boat ride arrive at the Lodge where our staff will welcome you with an exotic jungle drink. Next check-in and settling in your room, at your leisure, taste your first Amazonia cuisine lunch. In the afternoon, begin your first excursion: set out to a jungle hike into the Yanamono primary rainforest reserve, for approximately two hours accompanied by our expert guides. They will show you identify several flora species such as heliconia flowers, medicinal plants and giant trees. You will also have the chance to sight several birds species such as the Turkey Vulture (*Cathartes Aura*), Black Fronted Nanbird (*Monasa-Atia*), and with a little luck you will be able to view a family of small monkeys such as marmosets (*Saguinus Fuscicollis*), the Titi (*Callicebus Mollock Mollock*) and the squirrel monkey (*Saimiri Boliviense*). Return to the lodge for rest and relaxation and be enthralled by your first, must-not-miss Amazon Sunset. As the evening comes around, during high tide, take a boat ride along one of the Amazon River's tributaries for an exciting evening in the jungle, with no lights, perhaps just some jungle flora and fauna sparkling in the dark. You will have to trust your expert boat guide to take you where you can appreciate and listen to the magical sounds of the jungle. If it is a clear night, you will see the bright magnificent moonlight, as well as observe the stars and constellations. With some luck you can also see some falling stars which are quite common in the area. Shortly, go back to the Lodge to rest and relax for an early wake up the next day

Day 2: Heliconia Amazon River Lodge (B, L,D)

Rise early for the Morning Bird Watching. In order to see the birds flocked together during their morning feeding time, you will start very early going by boat to one of the several streams (best on high tide) to look out for a number of variety of birds. You will be looking out for birds such as the Tuki (*Jacana Jacana*), Ringed Kingfisher (*Ceryle-Torquata*), Black-Collared Hawk (*Busarellus nigracollis*), among others. Thereafter, you will return to the lodge, for a scrumptious and energizing breakfast. Take a little rest and then you will set off to a Native Fishing expedition unto one of the small tributaries of the Amazon River. Learn the local techniques of fishing and for the most daring you can try to fish for Piranhas. During this

excursion you can also have the opportunity to look out for the Pink River Dolphin (*Inia Geoffrensis*). If you are lucky you have your catch cooked for lunch, when you return to the Lodge. After lunch, you will board the boat towards a lake in Yanamono island (best on high tide) where you will be able to glimpse the Giant Water Lily, the *Victoria Regia*, the “Queen of water lilies”. Now renamed *Victoria Amazonica*, these native flora in the shallow waters of the Amazon River basin are mostly found in oxbow lakes and bayous. You may see some flowers that are white as they bloom on the first night some that have turned pink on the second night after blooming. They can grow to 40 cm in diameter, and are pollinated by scarab beetles. *Victoria Amazonica* is well known for its huge circular leaves, which are often pictured with a small child sitting at the center of its leaf to display their size and strength. Then consider the Nature Night Hike. Go on an enchanting evening trek within the secure periphery of the Lodge and you will witness the entrancing transformation from daytime to a night atmosphere. As you adjust to the dark environment you will appreciate the rainforest takes on a very different character and be aware of the existence and habits of nocturnal jungle animals. It’s the best time to see stunning tree frogs, shy snakes, and other rainforest creatures that only come out at night. Discern a range of completely distinctive fauna from the day as you listen to magical sounds of insects, birds, jungle cats and night owls. Back to the Lodge for Dinner.

Day 3: ExplorNapó Lodge -Sucusari River (B,L,D)

Breakfast at Heliconia Lodge. Then transfer by boat on the Amazon and Napo Rivers to the 250,000 acre Amazon Rainforest Reserve and ExplorNapó Lodge. Lunch. Afternoon hike through primary, terra firme, non-flooding rainforest including a visit to the ReNuPeRu Medicinal Plant Garden adjoining the lodge. Evening excursion by open boat, along the Sucusari Stream in search of caiman and to enjoy the night sounds and stars of the Southern sky. Dinner and overnight in the Lodge

Day 4: ExplorNapó Lodge -Canopy Walkway (B,L,D)

Early morning birding excursion. Morning hike to the Canopy Walkway, a suspended bridge spanning over 500 meters (one-third of a mile), connected by tree platforms and reaching a height of over 35 meters (115 feet) above the ground. Here there is time to observe a part of the rainforest rarely seen by man but accessible without any type of climbing skill or equipment. Afternoon boating excursion along one of the Napo tributaries spotting for sloth, birding and having a try at fishing for piranhas. Dinner and overnight at the Lodge.

Day 5: ExplorNapó Lodge – Iquitos (B,L)

Early morning birding by boat or foot. Morning excursion to visit some of the local river people called “ribereños” whose houses and schools can be seen along the river. They will be pleased to show you their simple way of life dominated by the movements of the mighty rivers that surround them. Early lunch (if departure flight permits) and start on your return to civilization by boat on the Amazon and Napo Rivers back to Iquitos. Transfer to the airport or hotel.

RECOMMENDATIONS

For the lodges, it is recommended to take a small suitcase or a backpack. We have a storage room for your convenience in our offices in Iquitos.

IMPORTANT NOTES

- Meet our driver in his booth # 5 at the luggage claim area.
- Our Programs may vary according to flight arrival / departure changes or weather conditions.
- For this program we recommend to take morning flights to Iquitos and your returning flight to Lima in the afternoon.
- Departures from Iquitos to Heliconia Lodge: just in the morning (max. 09:30 am)

- Departures from ExplorNapó Lodge to Iquitos is at 14:00 pm
- Check in: 13:00 pm / Check out: 12:00 pm

This program includes:

- 02 night at Heliconia Amazon River Lodge with all the meals included (01 breakfast, 01 lunches and 01 dinner).
- 02 nights at ExplorNapó Lodge with all the meals included (02 breakfasts, 02 lunches and 02 dinners).
- Hiking in the jungle.
- Night boat ride along the Amazon River, Napo and Sucusari River.
- Pink Amazon River Dolphin's watching tour.
- Bird watching tour.
- Visit to the ReNuPeRu Medicinal Plant Garden
- Hiking on the Canopy Walkway.
- Fishing tour.
- Transfers.

This program does not include:

- Beverages: juices, sodas, soft drinks and alcoholic drinks
- Flight tickets Lima/Iquitos/Lima and airport taxes.
- Tips

What to bring, what to wear?

- Pack light, drip-dry cotton or safari clothing, including one long-sleeved shirt and sweater, several pairs of socks and t-shirts, raincoat. Include as well a small flashlight, an extra set of batteries, a good pair of binoculars, a camera (essential) a insect repellent with 35% DEET (we suggest OFF) , sunglasses, Sun block , a wide brimmed hat, water bottle, Hiking shoes or sneakers resistant to humidity (Rubber boots is provide by Heliconia Lodge only), Bathing suit.